

# The Messenger

News and Information for the First United Methodist Church, Hudson, MA  
May 2022

***Join us this Sunday!***

**Current Schedule:**

**11:00am In-Person / Online** Worship  
Service

*Our Online Worship services are  
broadcast on YouTube.*

Office Hours: Mon – Fri, 9:30am – 1:30pm

Church Phone: 978-562-2932

Email Church Office:

[HUDSONFUMC@gmail.com](mailto:HUDSONFUMC@gmail.com)

Web Page: [www.hudsonfumc.org](http://www.hudsonfumc.org)

## Staff Leaders 2022:

**Pastor:** Kim Gold

**Music Director:** Lisa Schliker

**Organist:** Margarita Merriman

**Administrator:** Bonnie Elman

**Newsletter Editor:** Lisa Schliker

**Sexton:** Mario DiMare

**Nursery Care:** Kerry Mason

**Spiritual Lay Leader:** Barbara Robinson

**Lay Leader:** Ada Arenstrup

**TV Ministry:** The DiMare family

---

## Cherokee Wisdom Two Wolves

One evening an old Cherokee told his grandson about a battle that goes on inside people. He said, “My son, the battle is between two “wolves” inside us all. One is Evil. It is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, hate, superiority, and ego.

The other is Good. It is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion and faith.

The grandson thought about it for a minute and then asked his grandfather: “Which wolf wins?”  
The old Cherokee simply replied, “The one you feed.”

## Changing Our World

**Nellie Ametlee**

*(Submitted by Barbara Robinson)*



## May Birthdays

1 Sarah Brown  
1 Joann Gour  
4 Iris Lucy  
5 Barbara Moore  
7 Caralyn Addy  
9 James Collins  
15 Judy Jewett  
15 Kelly Albino  
15 John Wesley Taylor  
15 Marianne Saluk  
20 Heleena DiMare  
22 Oliver Dean Williams  
24 Susan Niro  
25 Carol Sahlin



## May Anniversaries

5 Dennis & Pam Sherman  
24 Daniel & Tallessyn Grenfell-Lee

-----

### From the Trustees corner:

- We have a new "church" parking sign coming for the upper parking lot.
- Tom purchased from Robinsons a used rug cleaner. this will allow us to clean the rugs.

Bob Scerra

## United Methodist Women's Tea

Saturday, May 7 from 2:00pm - 5:00pm.

All Mothers and others are invited to come to the United Methodist Women's Tea. This is a time to socialize with each other and learn a bit more about what the UMW stands for and what they do in and beyond the church.

Join us in Lamson Hall for light refreshments and fellowship.

## Spring Market on the Hudson Town Hall Lawn

Saturday, May 14<sup>th</sup> from 11am – 2pm

A fun day to browse and shop with vendors and to buy a delicious pie or hand pie at the Methodist pie table!



## Friendship Dinner

Saturday, May 28th - 5:00pm

Always a nice break from cooking in your kitchen! Come and enjoy a wonderful dinner prepared inside the church kitchen. Eat in Lamson Hall or order a meal to take home.



## Yard/Craft Sale and E-Cycle event

Reserve Your Space!

Saturday, June 18<sup>th</sup> 9:00am - 2:00pm

Now that you've begun Spring cleaning and are putting away your winter "stuff" why not put aside items that take up space and might never get used anymore? Email or call the office to reserve your spot in the parking lot. Only \$12 for a space.

This is always a fun day and there will be delicious food items for sale too...chili, corn muffins. chicken salad, baked beans, and more! Please reserve your spot soon.

## CPR class

A CPR class will be offered on **Friday, May 20th** from 8:30am until 12:30pm at the church in Lamson Hall. This is for Basic Life Support and AED training (automated external defibrillator).

Sam can take up to 12 participants. Please contact the church office if you are interested in participating in this class.



## Bishop visit

Bishop Devadhar request the pleasure of your company on his visit to the Commonwealth West District.

**Monday May 23, 2022 - 6:00 PM-8:00 PM**  
**at Jesus Life Center:**  
**1048 Main Street, Worcester, MA**

Please reserve the evening for an informal time of conversation with Bishop Devadhar.

Light refreshments will be available.

Please use the following registration link to register in advance:  
<https://neumc-reg.brtapp.com/ConversationwithBishopDevadharCWDistrict>

## MOO Mission for May

The focus for the month of May will be the Stow Food Pantry, whose shelves are practically bare; anything that we can do to help would be greatly appreciated.

Items that are most needed are:

Paper towels	Canned vegetables
Toilet paper	Canned fruits
Facial tissues	Soups
Soap	Coffee
Shampoo	Ketchup
Deodorant	Cooking oil
Pasta	Peanut butter
Pasta sauce	Jellies and jams
Rice	



There will be bins for donations located in the hallway outside Lamson Hall.

---

*June newsletter submissions are due by Monday, May 23 by 5:00 pm. Please e-mail articles to Lisa Schliker at: [lpatttonvb@yahoo.com](mailto:lpatttonvb@yahoo.com)*

## Something to think about...

(Submitted by Christine DiMare)

I have never been able to wear a watch that has hands, you know the type of watch it winds or runs by battery. It doesn't matter either way, for some strange reason it always stops after wearing it a few times. (I have many sitting on my dresser). I now wear a Fitbit which needs to be charged about once a week. I was thinking today when I received an email that my Fitbit battery was running low, Do I let my spiritual battery run low too? I'm reminded to recharge my Fitbit but I do forget how important it is for me to recharge my spiritual battery with prayer, devotion, and Worship.



Isaiah 40:30-31 we see that the youths may be a bundle of energy but they can exhaust their strength. *“Even youths will become exhausted, and young men will give up. But those who wait on the LORD will find new strength. They will fly high on wings like eagles. They will run and not grow weary. They will walk and not faint”* (Isaiah 40:30-31 NLT). Everybody can exhaust their strength, and nobody should be under any illusion that their strength is inexhaustible. This also applies to our spiritual battery.

How can we recharge our spiritual battery? It doesn't plug into the wall like my Fitbit. I can't just plug it in and leave it. Recharging takes time and work I recharge with the Word of God. Invest time in personal prayer. Spend in Worship and devotional. Be alone with God and revive myself. Surround myself with spiritually charged people. Fellowship with other believers. Create time to rest.

Jesus said, *“Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.”* (Matthew 11:28 NLT)

Take time to breathe.

"Just breathe, just breathe  
Come and rest at my feet  
And be, just be  
Chaos calls but all you really need  
Is to just breathe  
Just breathe"

© DistroKid, Essential Music Publishing, Songtrust Ave, Warner Chappell Music, Inc